

THE BACK DOOR
~ **LUNCH MENU** ~

DAILY SPECIALS
Wednesday, March 21, 2018

SOUPS

Winter Vegetable Soup

cup / bowl

Pottage Parisien

cup / bowl

Schumacher's Mock Turtle Soup

with sherry
cup / bowl

Navy Bean Soup

with ham
cup / bowl

New England Clam Chowder

cup / bowl

SALAD OF THE DAY

Chilled Jumbo Shrimp Salad

with mixed baby lettuce, avocado puree with crème fraiche,
crispy pancetta, roasted tomato, cucumber, pine nuts
and banyuls vinaigrette

SANDWICH OF THE DAY

Turkey Burger

with fresh ground turkey, brie cheese, spinach
and raisins on a toasted brioche bun

TODAY'S ENTRÉES

Seared Scallops

with yogurt chive sauce

Grilled Pork Tenderloin

with red pepper cream

Grilled Mahi-Mahi Fillet

with teriyaki sauce

Roasted Duck Breast

with sweet chili sauce

*Warning: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs
may increase your risk of foodborne illness, especially if you have certain medical conditions.*

SALADS

Roasted Chicken Breast

pan-roasted chicken breast, butternut squash, roasted cauliflower, broccoli florets and romaine spinach blend tossed in lemon tarragon vinaigrette, topped with sunflower seeds

Chef Salad

ham, turkey, swiss cheese, egg, tomato, cucumbers and black olives on mixed greens with choice of dressing

Fresh Fruits and Berries

with choice of low-fat cottage cheese or homemade lime yogurt sorbet

Mixed Green Salad

choice of dressing

Winter Grilled Salmon Salad

grilled salmon, marinated artichoke hearts, grilled portabella mushrooms, confit tomatoes and field greens tossed in a creamy parmesan dressing

Cobb Salad

choice of diced turkey or bay shrimp with Nauvoo blue cheese, avocado, tomato, scallions, chopped egg, bacon, chopped greens and balsamic vinaigrette

Beef Tenderloin Salad

grilled beef tenderloin tips, red onion, roasted cherry tomatoes, California dates, blue cheese, toasted pine nuts and romaine lettuce tossed in extra virgin olive oil and balsamic syrup

SANDWICHES

Southwest Turkey

sliced smoked turkey breast, roasted peppers and onions, pepper jack cheese and chipotle aioli on toasted sourdough

Mediterranean Shrimp Wrap

roasted shrimp, feta, tomato, Kalamata olives, cucumber and romaine lettuce, tossed in a creamy Greek dressing wrapped in a sundried tomato tortilla

Club Sandwich

turkey, bacon, lettuce, tomato and mayonnaise on choice of bread

Chicken Bahn Mi Panini

roasted chicken, shiitake mushrooms, pickled vegetables, fresh cucumbers, cilantro and sesame soy glaze on a toasted baguette

Pot Roast Melt

braised chuck steak, caramelized onion, cheddar and American cheese on a potato bun served with a side of au jus

Back Door Burger

hand-patted 7 oz. ground beef brisket with sautéed mushrooms, Swiss cheese and thick sliced bacon on a toasted brioche roll

Bison Burger

with low-fat mozzarella cheese on a brioche roll

COMBO PLATES

Salad and Soup

small salad of the day and cup of soup

Sandwich and Soup

half sandwich of the day and cup of soup