

THE BACK DOOR
~ LUNCH MENU ~

DAILY SPECIALS
Tuesday, September 07, 2010

SOUPS

Chilled Asparagus Vichyssoise
cup / bowl

Black Bean Soup
cup / bowl

Spring Garden Vegetable Soup
cup / bowl

Twice-Baked Potato Soup
cup / bowl

Schumacher's Mock Turtle Soup
with sherry
cup / bowl

Tomato Couscous Soup
cup / bowl

SALAD OF THE DAY

Cold Roast Beef Tenderloin Salad

with baby mixed lettuce, melted brie cheese crostini, walnuts, roasted grape tomatoes, crumbled bacon
and sherry vinaigrette

SANDWICH OF THE DAY

Beef Dip

shaved roast beef tenderloin on ciabatta with french fries and au jus dipping sauce

TODAY'S ENTRÉES

Sautéed Sea Scallops
with verjus brown butter

Grilled Pork Tenderloin Medallions
with a mushroom jus

Grilled Swordfish
with almond tarragon vinaigrette

Sautéed Veal Picatta
with a creamy citrus veal reduction

SALADS

Seven Spice Shrimp

crispy Asian noodle salad with cabbage, peppers, green onions, carrots, cashews and soy ginger dressing

Blackened Salmon Filet (7 oz.)

spinach, arugula, red leaf lettuce, oven-dried tomatoes, zucchini pickles, shaved fennel and jicama with champagne vinaigrette

Fresh Fruits and Berries

with choice of low-fat cottage cheese or homemade lime yogurt sorbet

Barbecue Chicken Breast

celery, carrot, cucumber and mustard potatoes, with mixed greens and red wine vinaigrette

Cobb Salad

choice of diced turkey or bay shrimp with Nauvoo blue cheese, avocado, tomato, chopped egg, bacon, chopped greens and balsamic vinaigrette

Chef Salad

ham, turkey, Swiss cheese, egg, tomato, cucumbers and black olives on mixed greens with choice of dressing 13

Mixed Green Salad

with choice of dressing

SANDWICHES

Veal Meatloaf Panini

smoked gouda, pickled red onions and barbecue sauce on crisp sourdough

Crispy Cajun Chicken Breast Club

bacon, tomato, cheddar and chipotle aioli on toasted cibatta

Grilled Lemon Chicken Spinach Wrap

tabouleh salad, cucumber, tomato, hummus and tzatziki

Tuna Salad

available with fat-free mayonnaise on choice of bread

Sizzling Fajitas

choice of beef, chicken, shrimp or vegetarian with peppers, mushrooms, onions, carrots, broccoli, cabbage, salsa, sour cream, grated cheese and warm tortillas

Asian Style Barbecue Pork Hoagie

with pate, cucumber, cilantro, pickled vegetables and siracha

Bison Burger

with low-fat mozzarella cheese on whole wheat roll

Club Sandwich

turkey, bacon, lettuce, tomato and mayonnaise

Grilled Black Angus Burger

homemade sweet pepper relish, caramelized onions and boursin, herb focaccia roll

COMBO PLATES

Salad and Soup

small salad of the day and cup of soup (priced daily)

Sandwich and Soup

half sandwich of the day and cup of soup (priced daily)