

# THE BACK DOOR

## ~ BREAKFAST ~

### LIGHT SELECTIONS

#### **Dry Cereal**

with whole or skim milk  
topped with fresh sliced banana or berries  
Choices: *Special K, Raisin Bran, Granola, Corn Flakes, Shredded Wheat*

#### **“Saint Louis Club”**

homemade natural oat and almond cereal  
with mixed dried and fresh fruits, served with  
whole milk, skim milk or cream

#### **Hot Oatmeal**

plain  
topped with fresh, sliced banana or berries

#### **Natural Yogurt**

plain  
topped with fresh berries

#### **Bagel**

with cream cheese and house smoked  
Atlantic salmon

#### **Small Mixed Fruit Salad**

with berries

#### **Grapefruit Half**

plain or broiled with brown sugar  
or honey

#### **“Barbara Bush” Bran Muffins (2)**

#### **Berries**

in season

### BAKED GOODS

bagel  
croissant  
English muffin  
toast (2)

### SIDES

bacon  
home-made sausage patties  
ham slice

### HOT & HEARTY CHOICES

#### **French Toast**

with warm Vermont maple syrup

#### **Blueberry Pancakes (3)**

with butter and warm Vermont maple syrup  
Short stack (2)

#### **Malted Waffle**

with warm Vermont maple syrup and fresh  
fruit garnish

#### **Two Eggs\***

prepared any way, served with hash browns,  
toast and fresh fruit garnish

#### **Three Egg Omelette\***

with choice of fillings, served with hash browns,  
toast and fresh fruit garnish  
Filling Choices: *Bacon, Ham, Bell Peppers, Onions, Cheese, Mushrooms*

#### **Corned Beef Hash**

with poached egg

#### **Eggs Benedictine**

two poached eggs with Canadian Bacon on  
toasted English muffin topped with  
hollandaise sauce

#### **“Huevos Rancheros”**

Mexican chorizo with scrambled eggs,  
peppers, tomatoes and scallions,  
served with a tortilla

#### **Soft Scrambled Eggs\***

with house smoked Atlantic Salmon, scallions  
and brioche toast

\*Egg Beaters brand egg substitute available.

### BEVERAGES

#### **Juices**

cranberry, grapefruit, orange, tomato,  
pineapple, V-8, prune, apple

coffee - regular and decaffeinated  
milk, tea, decaffeinated herbal tea  
espresso, cappuccino - regular or decaffeinated